

GLOSSARY

Attack Dribble – dribbling to the basket and getting into the key or paint.

Centre Screen – screen on the person in the middle or centre of the zone defence.

Drop Pivot – same as a reverse pivot or back pivot.

Euro Step (power step) – the act of completing a two-foot stop and stepping by the defender.

Flare Screen – the screener has their back to the corner and the cutter is cutting to the wing to catch a skip pass.

Freeze Dribble – the act of dribbling directly at a defender to make them "freeze."

Lateral Dribble – the act of moving laterally to influence a defender to move out of position.

Odd/Even Front Zone – One-three-one, one-two-two or three-two are be odd front zones (one defender) and two-one-two, two-three or two-two-one are even front zones.

Pocket Pass – the ball is at hip level and mimics a pass from the pocket of a pair of pants.

Russian Spot (or short corner) – this is location just outside the key on the baseline and is an excellent place to attack a zone.

Splits the Defence – to dribble or cut between two defenders; usually happens when the help is late.