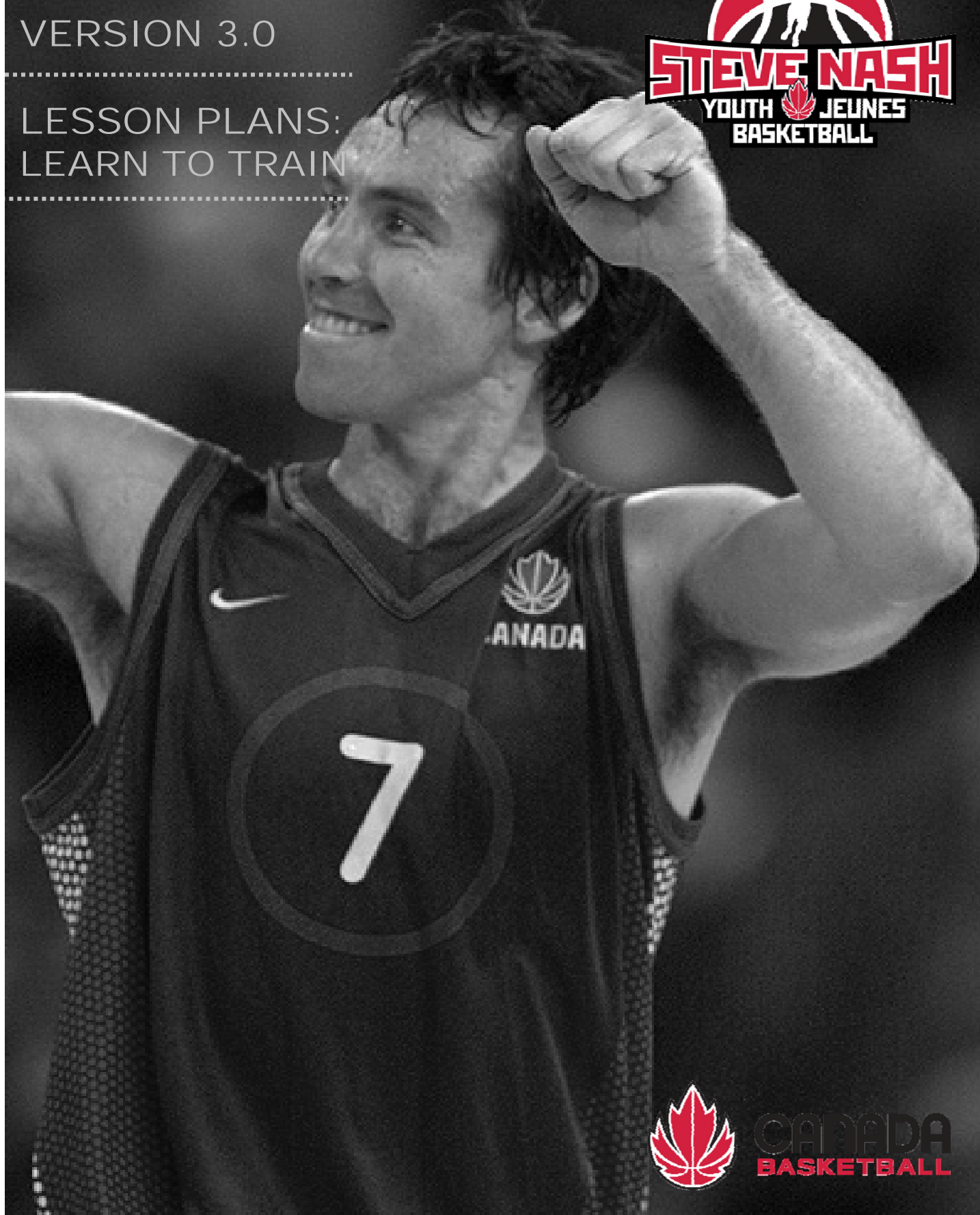


# COACHES MANUAL

VERSION 3.0

LESSON PLANS:  
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